

Preparing for Transition

The Student's Role:

- It is your future: You hold the key
- Share your dreams, goals, and needs
- Attend school every day
- Do your best every day
- Attend your IEP meeting and ask questions
- Use provided resources to achieve your goals
- Know the graduation requirements and diploma types
- Stay in school and graduate

The Family's Role:

- Help your child identify interests and abilities
- Help them stay on track with academic, work and life skills
- Support and encourage your child to accomplish his/her goals



Key Agencies

Adult Career and Continuing Educational Services-Vocational Rehabilitation

ACCES-VR
109 S. Union Street
Rochester, New York 14607
Phone: 585-238-2900
Fax: 585-325-2001
www.acces.nysed.gov/vr/rochester/home.html

Commission for the Blind and Visually Handicapped (CBVH)

259 Monroe Ave Rm 203
Rochester, NY 14607
(585) 238-8110
www.ocfs.state.ny.us/main/cbvh

Office for People with Developmental Disabilities (OPWDD)

620 Westfall Road
Rochester, NY 14620
Phone: (585) 461-8500
Fax: (585) 461-8764
www.opwdd.ny.gov

Office of Mental Health (OMH)

1099 Jay Street, Bldg. J
Suite 201A
Rochester, NY 14611
(585) 753-6047
www2.monroecounty.gov/mh-index.php

ROCHESTER CITY SCHOOL DISTRICT

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ROCHESTER CITY SCHOOL DISTRICT SPECIALIZED SERVICES DEPARTMENT

Transition Planning



**Working Together to
Help Your Student
Build a Successful Life
After High School**

What are Transition Services?

Transition services are activities that help your student prepare for goals after graduation. They help make plans for living, learning and earning after high school and may include activities to help develop skills for:

- Post-secondary education
- Career training
- Independent employment
- Supported employment
- Continuing and adult education
- Adult services
- Independent living
- Community participation such as recreational, neighborhood living, and leisure activities



Why Plan for Transition?

Transition planning focuses attention on how the student's educational program can be planned to help the student make a successful transition to his or her goals for life after high school, including:

- Providing instruction and courses of study that are meaningful to the student's future and will motivate the student to complete his or her education;
- Teaching students the skills and knowledge needed in adult life (including career development and occupational skills) and
- Providing links to adult agencies for a smooth transition

Who Participates in Transition Planning?

- ⇒ Parents or guardians
- ⇒ The student
- ⇒ The school principal or designee
- ⇒ The student's teachers
- ⇒ Adult service agency representatives
- ⇒ Other school staff, such as school counselor, related school and transition personnel

What is the IEP Transition Plan?

Once a year, at the Individualized Education Program (IEP) meeting, the IEP team will review the Transition Plan. The transition Plan is part of the IEP and includes the student's:

- Goals after graduation
- Interests, strengths, and career goals
- Activities the student can do to help him/her reach goals in career, self-advocacy, and independent living
- Services that can help move the student towards desired goals
- Plans for after high school-further education/training and/or employment

What Age Does Transition Appear on the IEP?

Beginning with the IEP to be in effect when a student is age **15** (and at a younger age, if determined appropriate), and updated annually, the IEP must include a statement of needed transition services and a statement of the responsibilities of the school district and when applicable, participating agencies for the provision of services and activities that promote movement from school to post-school opportunities, or both, before the student leaves the school setting.